

Snapshot: CDHPs' volatile growth, 2014 - 18

The percentage of employers offering consumer-directed health plans fluctuates dramatically. They are among the most effective ways for employers to control health care costs.

2014: 30%

2015: 34%

2016: 26%

2017: 23%

2018: 40%

Source: Society for Human Resource Management 2018 Employee Benefits survey, June 2018