

Hand sanitizers: A great addition to supply cabinet

Among your boxes of paper clips, Sharpie pens and seldom-used rubber bands, perhaps you should stock a dozen or two of travel-size hand sanitizers for your staff. Hand sanitizers can go a long way in helping your employees avoid illness that contributes to absenteeism. The Centers for Disease Control and prevention recommends using an alcohol-based hand sanitizer that contains at least 60% alcohol.

Other facts about hand sanitizers from the CDC:

- Alcohol-based hand sanitizers can quickly reduce the number of microbes on hands in some situations, but sanitizers do not eliminate all types of germs.
- Hand sanitizers may not be as effective when hands are visibly dirty or greasy.
- Swallowing alcohol-based hand sanitizers can cause alcohol poisoning.
- Hand sanitizers might not remove harmful chemicals, like pesticides and heavy metals, from hands.